



AUG/SEPT 2022

NEWSLETTER

Welcome to the upcoming Recreational Hockey season.

Hockey is for everyone and we are committed to all our youth (aged 11-20), regardless of background or circumstance, being able to enjoy the game.

Recreational Hockey Calgary(RHC) has an emphasis on skills development, structured team play with multi-ability teams, a set schedule with a minimal time commitment. The organization encourages and supports good sportsmanship, fair play, friendship, and respect.

This season we are introducing three pilot initiatives that we will cover in this newsletter.

U13 & U15 New To Hockey Development Program

The first pilot initiative we are introducing this season is an optional Development Program for inexperienced U13 & U15 players and those who are newer to hockey. If your player is in their first or second season and needs further skill development this is the program for them.

We are delighted to partner with Attack Sports who will be leading the program for us on Sunday mornings, 10.00-11.00am, between October 9 and December 11, at Frank McCall Arena.

This is a stand alone optional program for our registered players and will run in parallel to our standard U13 & U15 programming. The cost of the program is \$200 and you can register on our website.. Numbers are limited to 24 players, so don't delay in registering.



U13 & U15 Sorting Skates

The second pilot initiative this season is to introduce "Sorting Skates" for the U13 and U15 Divisions, those of you who have played in House League may have experienced something similar in previous years. Each U13 & U15 player will assigned one ice time, see page 2 for dates & locations. Groups will be posted on our website the week before. Players will require full equipment including a practice jersey.

During the ice time volunteer coaches will run the players through a number of simple skills drills and then players will play a short scrimmage game.

It is important for players to attend their allocated ice session to help Division Coordinators draft balanced teams.



Important Dates

September 11 – U13 Division Sorting Skates (George Blundun Arena)

September 17 – U15 Division Sorting Skates (Norma Bush Arena)

September 18 – U13 Division Sorting Skates (Max Bell Arena)

(It is important for players to attend their allocated ice session to help Division Coordinators draft balanced teams)

October 3 – U15 Season Begins

October 4 – U13 Season Begins (first practice)

October 5 – Junior Season Begins

October 6 – U18 season Begins

October 3 – November 20 – Seeding Round

(during this timeframe Division Co-Ordinators may trade players to balance teams)

December 18 – January 2 – Christmas Break

January 13 – Esso Minor Hockey Week

March 7 – Year End Tournament Begins

U15, U18 & Junior 'Tune Up' Skates

The third of our pilot initiatives this season is to introduce a 'Tune Up' skate for all U15, U18 and Junior teams on the first ice time of the season. At this ice time the team will have an opportunity to introduce themselves and get to know the coaches.

The coaches will run the players through a number of simple skills drills and may scrimmage with the other team sharing the ice time. No Central Zone referees will be booked for this ice time.



Volunteers Needed!

As an association we are looking for volunteers to fill the following positions for the coming season:

- Player Development Coordinator
- Social Media Administrator

If you are interested in taking on either position please contact our President, Russell Stratton, president@rechockeycalgary.ca

This league requires volunteers in order for the program to operate efficiently.