



**WINTER 2023**

# NEWSLETTER

Congratulations to our Esso Minor Hockey Week winners, Well done to all players and teams for creating an exciting tournament.

U13 – Hawks

U15 – Flyers

U18 – Knights

Junior – Whalers

## U13 - U15 Spring Hockey Development Program

RHC Player Development Coordinator Kevin Colton has set up a Spring hockey development program this April and May, after the season ends. The program would be delivered through his company (Hockey.bz) and will offer a mix of skating and skills development that build on each player's existing skills. It will also provide an introduction to more advanced team play concepts that players may not typically have a lot of chances to work on as a member of a mixed-skills team.

Here are the tentative details:

Duration: April and May, 2023

Age groups: U13 and U15 (Co-Ed)

Skill level: Intermediate

Instruction: 8 on-ice sessions, 2 off-ice Zoom sessions, 1 self-paced online lesson

Cost: \$300

Depending on interest, separate groups may be set up for Friday afternoons (start times around 2:45), or Saturday mornings, or Sunday mornings. Please complete this short form if you think you would be interested in signing up your player:

<https://forms.gle/MC271R4F3AxW91GP9>

Please note that whilst this is a program supported by RHC it is not run by RHC.





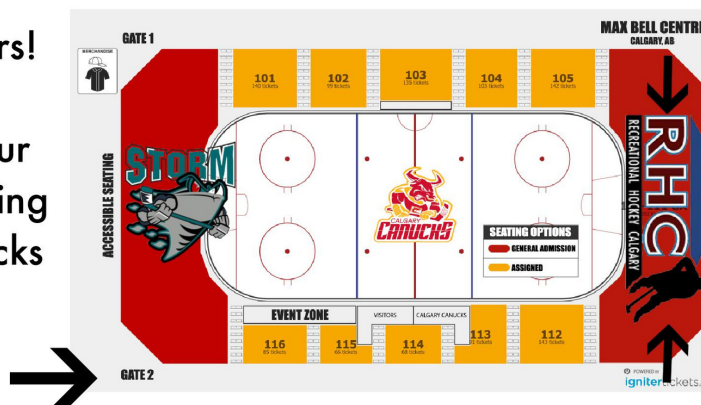
# Rec Hockey Night

Celebrating Calgary Minor Hockey

Friday, Feb 24, 2023 7:00pm  
Max Bell Centre



Rec Hockey Calgary Players!  
**FREE** entrance through  
"Gate 2". Sign-in using your  
Team Name. Reserved seating  
in sections 106-111 (Canucks  
Attack End)



Offering all RHC Coaches, Player Families, Training Staff, Fans, & Volunteers a special **\$10 ticket**.

Deal available online only, no ticket fees, free parking. Visit [tickets.calgarycanucks.ca](https://tickets.calgarycanucks.ca) to purchase  
(Feb 24 Vs Blackfalds Bulldogs)

Use Promo Code: RHC

## Volunteers Needed!

As an association we are looking for volunteers to fill the following positions for the 2023/4 season:

- Age Division Coordinator

Age Division Coordinators are responsible for forming the teams for each season, including balancing teams if required during the seeding round at the start of the season and liaising with coaches and parents during the season.

If you are interested in taking up a coordinator position please contact our President, Russell Stratton, [president@rechockeycalgary.ca](mailto:president@rechockeycalgary.ca)

This league requires volunteers in order for the program to operate efficiently.

[www.rechockeycalgary.com](https://www.rechockeycalgary.com)

