



RHC Coaching Philosophy and Team Rules

We will endorse team play, good sportsmanship and we MUST ALL RESPECT coaches, participants, parents, officials, and the facilities we play in, as well as their staff.

As Coaches of your child's hockey team, we place fun and development of each child's hockey skills at the top of our priorities.

Our Governing Bodies Believe...

- In a positive hockey experience for ALL; in a safe, sportsmanlike environment.
- The development of life skills.
- The program of teamwork and the concept of team vs. individual.
- Fair Play, Sportsmanship and Respect.
- The development of dignity and self-esteem.
- The values of honesty and integrity.
- The values of hard work and determination.
- The benefits of personal and physical well-being

Expectations

As a coaching staff, we will strive to adhere to our coaching philosophy, and the Fair Play Code always. We will strive to provide an enjoyable experience for all players regardless of skill level.

- **We Expect BOTH Participants & Parents/Guardians** to conduct themselves properly in and around the arena; and to abide by team rules, the Fair Play Code and to be supportive of all players and coaching staff.
- **Online Communications/Chats:** Policies are in place to deal with unacceptable behavior, etiquette, and conduct unbecoming by or towards participants, coaches, officials, parents/guardians & other volunteers. We expect **ALL** participants, parents/guardians, and coaches to have respectful communications.

Association Rules and Conduct

Having team rules regarding discipline is a necessary part of running any team. We will abide by the rules we are given from our governing bodies. One of the most important set of rules is the

“Fair Play Code”. It is also best to discuss the topics of Sportsmanship, Commitment and team play BEFORE they become an issue.

Participants:

- **Show respect for:** Teammates, Parents, Coaches, Officials and Opponents.
- **Play fair:** No intentional penalties will be tolerated.
- **Put the TEAM first:** Praise your teammates; be supportive of one another regardless of skill level. Take responsibility for what you contribute at every ice time
- **Give full attention:** to your coaches when they are speaking in the dressing room, on the bench and during games
- **Be on time.**
- **Be committed:** Families should notify one of the coaches with regards to all absences and mark availability accordingly in Team Snap.
 - Minimum of 48 hours is a courteous expectation.
 - In the event of same day illness, injury or other unexpected cause – same day notice may be acceptable. Out of courtesy, speak with the Head Coach/Assistant Coach in these situations.
- **Offensive language:** will not be tolerated in the dressing room, on the bench or on the ice.
- **Penalties:** excessive amounts of penalties, serious penalties that pose a safety risk or ongoing retaliatory penalties will NOT be tolerated.

If any of the Team Rules are violated, there would be a meeting with the participant and parent(s)/guardian(s) to review the circumstances which could result in disciplinary action by the coach, league, or governing bodies such as: Hockey Calgary or Hockey Alberta.

Parent(s) / Guardian(s):

- Cheer for the **TEAM**, not just your favorite player.
- Realize that **TEAM** rules are for everyone, always.
- Use appropriate language (no profanity) at all times while in or around the arena.
- Be supportive of coaches and officials.
- Conversations should be CALM and respectful.
- Show Respect for other participants and their parents/legal guardians.
- **The ‘24 Hour Rule’ is ALWAYS in effect.** Unless there is imminent danger.

RHC has a strong stance against verbal and physical abuse of players, coaches, and officials. If anyone is not abiding by the rules, they will be asked to leave the rink. Further disciplinary action will be reviewed on a case-by-case basis.

By signing below; the participant, parent(s)/legal guardian(s) agree to abide by these team rules and accepts the consequences as outlined, if they should violate these team rules at any time during the **2023/24 season**.

Team:		<i>(Example: U13 Flyers)</i>
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PLAYER NAME	PLAYER SIGNATURE	PARENT(S) NAME	PARENT(S) SIGNATURE

Coaching Staff		
COACH NAME	COACH SIGNATURE	POSITION
		HEAD COACH
		ASSISTANT COACH
		ASSISTANT COACH
		ASSISTANT COACH
		ASSISTANT COACH



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